



GREENHOUSE HOLISTIC 20 in 30 WINTER YOGA CHALLENGE RETURNS in FEBRUARY!

*Get a 50% discount when you sign up for a
Greenhouse Holistic Yoga/Massage Membership.*

\$89/month and pay only \$45 for your first month of membership.

Complete 20 classes in February and get an additional month of Yoga - FREE!

Both new and current members are eligible to participate.

Greenhouse Holistic Yoga/Massage membership includes:

- unlimited classes*
- over 90 classes/week*
- 1 complimentary 1 hour deep tissue massage*
- unlimited sauna*
- 10% discount on spa related services*

20 classes in
30 days

 **Greenhouse Holistic**
Yoga and Massage

For more information, please visit www.greenhouseholistic.com/yogateachertraining or call (718) 599.2348